



To whom it may concern,

1/20/2023

I would like to provide my written support for the construction of the WECRD Aquatic Center. A short history of my involvement with the Aquatic Center started back in 2017. At that time the WECRD was undergoing a change in leadership. The new leadership at the time asked me to come and look at the plans and give my opinion on how they could set-up the pool to help with therapy.

I currently feel very comfortable with the direction of the project. I am excited to support the project and see the progress.

I feel that this Aquatic center would be a great benefit for individuals who may be working on recovering from injury or have had surgery.

As a physical therapist I currently recommend to many of my patients to use a pool when available to help in their rehab. This option currently is limited to the summer months and with the Mountain Home city pool not operational it continues to limit options. With the Aquatic center we could recommend to many of our patients who cannot tolerate full weight bearing, or who have difficulty with weight bearing, another option outside of their physical therapy visits.

Not only is the pool helpful for individuals who have difficulty weight bearing, but it is also helpful for using as a tool to help relax tense muscles, improve circulation and reduce swelling. Having an aquatic center in our community is another tool to keep our community healthy.

This letter was written at the request of the WECRD in regard to the aquatic center and the usefulness as it applies to physical therapy.

Thank-you,

A handwritten signature in black ink, appearing to read "Anson Call". The signature is fluid and cursive, with a large loop at the end.

Anson Call, DPT

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