

MINUTES
SPECIAL BOARD MEETING
WESTERN ELMORE COUNTY RECREATION DISTRICT (WECRD)
245 East 6th South, Mountain Home, ID 83647
September 12, 2018 at 6:00PM

I. CALL MEETING TO ORDER/ ESTABLISH QUORUM

Director Dan Gillies called the meeting to order at 6:02PM, and a quorum was established with President, Dan Gillies and Vice-President, Lee Pierce present. Director Doug Meyer joined the meeting a couple minutes later.

The following individuals were also present:

Administrator, Michelle Heins

Guests: Alexis Pickering, Central District Health Department; Stephanie Root, and Vivian Meyer,

II. ELMORE COUNTY HEALTH ASSESSMENT PRESENTATION

Alexis Pickering with the Central District Health Department gave the board a presentation on the Elmore County Health Initiative. They conducted an assessment that was completed in August 2017. They interviewed 37 agencies in Elmore County from all different sectors; county, community institutions, businesses, schools and healthcare. The results were not good. Elmore County is the 20th in the State for Health Outcomes (out of 44 counties) and 38th in Health Factors. Elmore County has the highest tobacco use in the state and also has the highest obesity rate in the district (10% higher than the state of ID rate). The different areas that the Health Initiative would like to explore are: adult obesity, adult smoking, diabetes monitoring, mammography screening and children in poverty. The goals of the Elmore County Health Coalition are to: improve access and support physical activity; implement strategies to support mental health; implement programming to prevent tobacco use and tobacco cessation; and, improve policies and programming for obesity and chronic diseases. WECRD fits into this initiative because they are able to improve health and save lives through decisions made for recreation facilities in Mountain Home. WECRD will join the Elmore County Health Coalition and be active in decisions to improve the health of the community. They will work closely with other entities in the county to have a more collaborative approach. WECRD will also include health considerations in the decision process of designing the indoor pool facility and all future recreation facilities. The Elmore County Health Coalition meets on the 3rd Thursday of the month.

Alexis is willing to work closely with WECRD on different areas to implement changes to improving the lives of people in Elmore County. A couple examples were; putting bike racks in front of the pool building; figure out a walking path to and from the building that ties into current or future sidewalk plans; the sun shades out front of the building are great for cancer prevention and the Central Health District has grants to pay for them so WECRD can save money there. WECRD will utilize Alexis' expertise to help make health conscious decisions in our pool plans.

WECRD will contact Desert Sage to start a working relationship with them and use some of their resources to also contribute to the construction of the pool. WECRD will reach out to the YMCA in South Meridian for ideas and to see what they have done with their facility.

III. GENERAL DISCUSSION

Lee Pierce will begin taking a class that is on Wednesday nights for the next 14 weeks. This is a conflict for the weekly meetings. The board agreed that they can cut back on the weekly meetings and go back to

having Special Board meetings when something comes up. They will continue holding the Regular Board meetings on the 4th Wednesday of the month.

IV. PUBLIC COMMENT

Vivian Meyer mentioned that they board needs to start talking to businesses and getting the brochures out to the community. The board agrees and they will start hitting the pavement and begin those discussions for donations.

V. ADJOURN

Doug Meyer made a motion to adjourn the meeting at 7:17pm. Lee Pierce seconded the motion. All Directors voted in favor of the motion. The meeting adjourned at 7:17pm.

Submitted by:

Michelle Heins, Administrator

Date

APPROVED: as written as amended

Dan Gillies, President

Date